

ACP's Career Blueprint: Mental Health and Well-Being for Transitioning Service Members

On January 25th, ACP hosted an engaging panel featuring Al Lampkins from Veterans Bridge Home. The webinar focused on providing valuable perspectives on creating welcoming communities for Veterans and contributing to their thriving leadership. This featured presentation aimed to highlight the significance of mental health in the reintegration of Veterans into civilian life. Here are the resources shared during the webinar.

LinkedIn Live Links:

To learn more about ACP and how we help our Veterans & Military Spouses!

<https://www.acp-usa.org/mentoring-program/program-overview>

EXPAND YOUR NETWORK WITH (ACP Connects) - The best place to connect with Veterans and Mentors from all over on LinkedIn 📍 :

<https://www.linkedin.com/groups/12259026/>

Connect with us on our Facebook group on ACP: The Veteran Compass, it is a space for our Veterans to engage with one another #network✅:

<https://www.facebook.com/groups/acpcompass/>

Veterans sign up here!

<https://www.acp-usa.org/mentoring-program/veteran-application>

Spouses sign up here!

<https://www.acp-usa.org/spouses>

Mentors sign up here!

<https://www.acp-usa.org/mentor>

Interested in seeing the impact our mentors are making?

<https://www.acp-usa.org/impact/metrics>

Connect and Network with Veterans and Mentors on ACP AdvisorNet Straight from our Community Feature

<https://acp-advisornet.org/>

Feel free to explore our Protégé Resources Page

<https://www.acp-usa.org/mentoring-program/resources/protége-resources>

For more info on How to get a free premium membership for the military on LinkedIn:

<https://socialimpact.linkedin.com/programs/veterans/premiumform>

To learn more about LinkedIn's Networking Opportunities click here:

<https://socialimpact.linkedin.com/programs/veterans>

Workspace navigation

Leadership Tips:

<https://www.inc.com/lolly-daskal/12-podcasts-that-will-make-you-into-better-leaders.html>

<https://hbr.org/2018/11/the-fundamentals-of-leadership-still-havent-changed>

Corporate Communication Tips:

<https://www.job-hunt.org/military-vs-civilian-cultures/>

<https://www.military.com/veteran-jobs/career-advice/dealing-with-corporate-culture.html>

For information on Performance Reviews:

<https://www.iwillteachyoutoberich.com/blog/how-to-ask-for-a-promotion/>

<https://hbr.org/2021/02/promotions-arent-just-about-your-skills-theyre-about-your-relationships>

Tips on Navigating the Workspace:

<https://www.military.com/veteran-jobs/career-advice/military-transition/5-important-lessons-about-the-civilian-working-world.html>

<https://ivyexec.com/career-advice/2017/adapting-military-communication-style-business-world/>

<https://www.mindtools.com/aorqe4z/building-good-work-relationships>

Continuous Learning Tips:

<https://hbr.org/2019/02/making-learning-a-part-of-everyday-work>

<https://www.goodreads.com/book/show/15824358-the-first-90-days>

<https://hbr.org/2018/11/a-simple-way-to-map-out-your-career-ambitions>

Veterans with Disabilities:

<https://www.learnhowtobecome.org/career-resource-center/careers-and-resources-for-veterans-with-disabilities/>

<https://www.monster.com/career-advice/article/disclose-disability-on-resume>

<https://www.indeed.com/career-advice/career-development/when-and-how-to-disclose-a-disability>

To Learn more about Veterans Bridge Home:

<https://veteransbridgehome.org/>

Connect with Al Lampkins: <https://www.linkedin.com/in/al-lampkins-a04539166/>

Coming Home report:

https://www.ftc.org/sites/default/files/2018-05/Coming_Home_Assessment_Report_for_Charlotte-Mecklenburg_FINAL_5-26.pdf